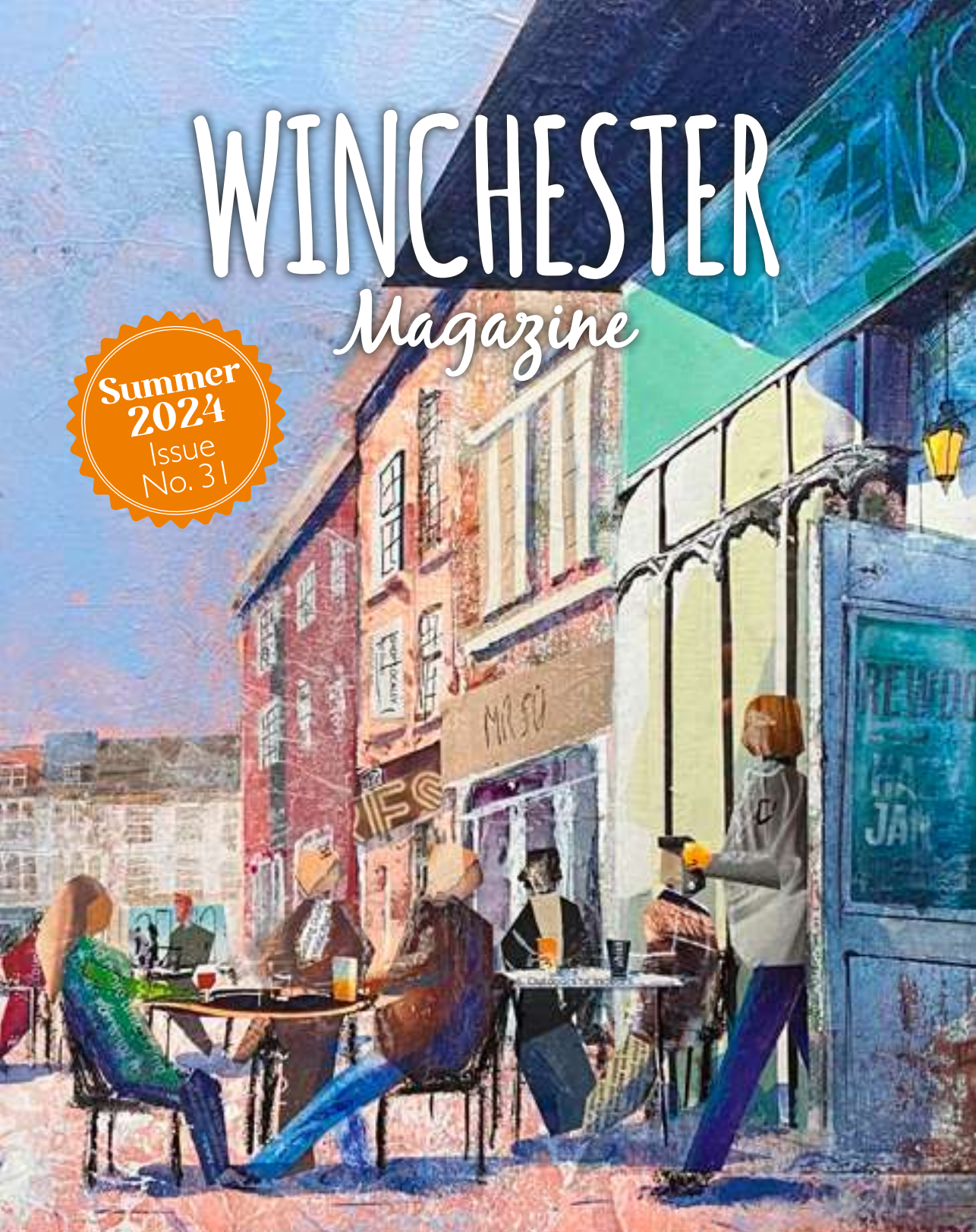


# WINCHESTER

## Magazine

Summer  
2024  
Issue  
No. 31



### Al fresco

Lovely things to do  
outside this summer

### In bloom

Outdoor shows, gardens  
and all things green

### Eating out

Great ideas for eating,  
wining and dining

### & More

Local artists and makers,  
movers and shakers



Family

## MOVING ON

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Olivia Cameron,  
Trainee Solicitor



Making the law work for you

# Welcome...

WINCHESTER MAGAZINE SUMMER 2024 ISSUE 31



15

Outdoor events, fruit picking and fun foodie things to do



23

The best seasonal eats for vegans and vegetarians



55

Try something new in the great outdoors this summer

Winchester Magazine has a print run of 8,500. Our next issue (Winter) is out in November.

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## Summer is our favourite season

With the warm weather bringing everyone out onto the streets, there's a real buzz about the city.

In this issue we explore the great outdoors in all its forms, including alfresco dining, picnics, open-air theatre, summer sport and more.

Out and about, we talk to Andrew Loretto who organises Hat Fair which celebrates its 50th anniversary this year. Festival fever continues with The Dub Pistols' front man Barry Ashworth, who tells us why Winchester is the perfect place for his Mucky Weekender.

Feeling peckish? Then tuck in to pages of local food and drink – from tried and tested places to enjoy an ice-cream to new specialists across the city.

Want to find out what our top schools are up to? Then read our interviews with inspirational teachers who bring so much to young minds across the city.

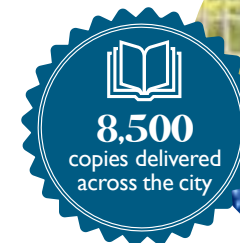
And celebrating everything from business awards to summer fairs and fundraisers, we've got pages and pages of social diary photos full of local people having fun.

Join us on social media at [www.facebook.com/winchestermag](http://www.facebook.com/winchestermag) or on Instagram at @winchester:magazine and be part of what we do. We post positivity every single day.

Enjoy!

*Liz*

**Liz Kavanagh**  
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PHOTOGRAPHY CREDIT: DANIEL THOMAS

# VISIT US

## TOURS AND TREASURY

# What's on

Go alfresco this summer with our pick of outdoor events

## Dress up day at Jane Austen's House

Don your finest Regency gown and bonnet and head to Jane Austen's House in Chawton to pose, picnic or promenade in the pretty cottage garden on 13 July. Don't have a dress for the occasion? Hire one from Hampshire Wardrobe, which has period costumes available or borrow one from the house on the day.

01420 83262 [www.janeaustens.house](http://www.janeaustens.house)



## Ibiza Orchestra in the park

Enjoy dance music originating from the party island of Ibiza as never before, as a 26-strong orchestra and vocalists recreate the hits of Massive Attack, Ian Van Dahl, Daft Punk, Fatboy Slim, Prodigy and more on 16 August at North Walls Recreation Ground.

[www.ibizaorchestraexperience.co.uk](http://www.ibizaorchestraexperience.co.uk)



## Summer cinema at Lainston House

Bring a picnic and enjoy outdoor cinema in the stunning grounds of five-star Lainston House hotel. Take your pick from Dirty Dancing on 9 August or Pretty Woman on 30 August.

[www.exclusive.co.uk/lainston-house](http://www.exclusive.co.uk/lainston-house)



## Outdoor theatre in the Deanery Garden

See The Hound of the Baskervilles by Sir Arthur Conan Doyle alfresco at a performance at Winchester Cathedral's Lower Deanery Garden on 16 August.

Sherlock Holmes, and his assistant Doctor Watson, tackle the most baffling case of their careers in a faithful, cheeky but chilling adaptation of the literary classic.

01962 857275 [www.winchester-cathedral.org.uk](http://www.winchester-cathedral.org.uk)

## Hat Fair celebrates 50 with arts galore for everyone

Hat Fair, from 5 to 7 July, is the UK's longest-running festival of outdoor arts and celebrates its 50th anniversary this year, with over 200 acts bringing a buzz to city streets, parks and open spaces.

Expect innovative performances from artistes of all kinds offering dance, theatre, circus, music and interactive experiences.

[www.hatfair.co.uk](http://www.hatfair.co.uk)





# Kingsgate VOICES

2024–25 SEASON  
DATES FOR YOUR DIARY

"An appreciative audience was treated to another stunning concert by the Kingsgate Voices who go from strength to strength under the guidance of their conductor Andrew Hayman.

A choir that can sing like this is a gem indeed."

Hampshire Chronicle / March 2023

SAT  
9 NOV

AUTUMN

SAT  
15 MARCH

SPRING

SAT  
21 JUNE

SUMMER

All concerts at St Paul's Church, Winchester

[www.kingsgatevoices.co.uk](http://www.kingsgatevoices.co.uk)

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# What's on

More lovely things to do this summer

## Fine dining on the rails

Enjoy lunch on The Watercress Line aboard The Royal Wessex on selected dates throughout the summer. The original Royal Wessex service was introduced by British Railways in May 1951, and transported people from the South Coast to the Festival of Britain in London. Diners can expect silver service on board and a gastronomic three-course lunch created with seasonal, locally sourced ingredients.

01962 733810 [www.watercressline.co.uk](http://www.watercressline.co.uk)



## A Taste of Winchester

Enjoy a week-long celebration of food and drink across Winchester from 8 to 14 July. Events include tastings, workshops, talks, trails, masterclasses, cocktail making and more. City eateries will be offering special menus featuring local produce and the week ends with a food festival on Sunday.

[www.winchesterfoodfestival.co.uk](http://www.winchesterfoodfestival.co.uk)



## Littleton & Harestock Show

We love a village show and Littleton & Harestock Show can always be relied on for great family-friendly entertainment for all ages.



It takes place on 7 September and you can expect live music, a traditional flower show with classes for vegetables, flowers, arts and crafts, plus a dog gymkhana, entertainment and lots of food and drink.

[www.lhshow.org.uk](http://www.lhshow.org.uk)

## Celebrate independent businesses across the city

Celebrate the array of independent shops, eateries and businesses in Winchester throughout July as part of Independent Business Month. Nearly 200 independents call Winchester city centre their home. Pick up a map to discover specialists galore from Winchester Visitor Information Centre or download one from Winchester BID's website.

[www.winchesterbid.co.uk](http://www.winchesterbid.co.uk)



## Calling all disco divas!

Dance like no one else is watching with Discos For Grown-Ups which is hosting a night of 70s disco, 80s pop and 90s dance classics on 3 August at Guildhall Winchester. Get glittered up for a fun, fab and feel-good night including a light and laser show, free glow sticks and retro sweets for everyone!

[www.guildhallwinchester.co.uk/events](http://www.guildhallwinchester.co.uk/events)



# GOODWOOD REVIVAL

6 • 7 • 8 SEPTEMBER

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GOODWOOD.COM

## Goodwood Revival

Motor racing with a vintage twist



### There's so much to be enjoyed at Goodwood Revival

It's the only motoring event of its kind to be staged entirely in a period theme. Goodwood Revival, which runs from 6 to 8 September at the Goodwood Motor Circuit, celebrates the halcyon days of motor racing with the accompanying glamour of the 1940s, 50s and 60s.

Running on Friday evening for the first time in ten years, The Sussex trophy, which celebrates World Championship sportscars from 1955 to 1960, will be a thrilling 60-minute race of iconic motors like the Lotus 15, Lister-Jaguar Knobbly and Ferrari 246S Dino.

Revival racing highlights also include The Goodwood trophy, where Grand Prix and Voiturette cars from 1930 to 1951 with ERAs, Maseratis and Alfa Romeos take to the track. A firm favourite with the Revival crowds, the Earl of March Trophy will welcome 500cc Formula 3 cars, while pre-1955 Grand Prix motorcycles will compete for the Barry Sheene Memorial Trophy.

Away from the action, visitors can enjoy all things vintage – from fashion and motoring memorabilia to make-overs, antiques and collectables. Dine in style or take your pick of the eateries, with everything from top notch hospitality packages to grab and go options on offer.

Cross the road and you'll find the Revival Car Show, where you can get even closer to gleaming motoring greats.

[www.goodwood.com/motorsport/goodwood-revival](http://www.goodwood.com/motorsport/goodwood-revival)

### Second-hand style

Goodwood Revival is the ultimate destination for vintage aficionados to strut their stuff. Shop for one-of-a-kind treasures on the Revival High Street which has a large selection of vintage clothing, shoes and accessories. Or visit the boutiques in the Revive & Thrive fashion area which are filled with glamorous pieces just waiting to be found.

### Family fun

Don't miss the traditional fairground, complete with an old-school Ferris wheel, helter-skelter and carousel, plus lots of singing and dancing and the chance to sit in some pretty impressive cars if you ask nicely. Children aged 12 and under are free and anyone between 13 and 21 pays half price.



### Celebrating Surtees

This year's Goodwood Revival will celebrate the iconic career of John Surtees – the only person to win World Championships on both two and four wheels. 2024 marks 60 years since Surtees won his Formula 1 World Championship. A tribute to his remarkable motoring life will include everything from 250cc, 350cc and 500cc motorcycles to Grand Prix winners, unlimited sports cars and GTs.





# Festival fever

Live music from the best of the summer's festivals



**DUB PISTOLS PRESENTS**  
**Mucky Weekender Festival**  
 SEPT 5-7 2024

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**DUB PISTOLS ♦ DREADZONE**  
**DUTTY MOONSHINE BIG BAND ♦ CONGO NATTY**  
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 ♣ **MARSHALL JEFFERSON** ♣

**LTJ BUKEM ♥ MICKY FINN ♦ LONDON ELEKTRICITY ♦ GENERAL LEVY**  
**DYNAMITE MC ♣ LEEROY THORNHILL ♥ DR MEAKER ♦ BEANS ON TOAST**  
 ♥ **BEZ & ROWETTA** ♥

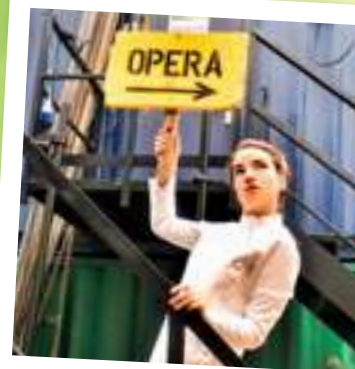
**SHADES OF RHYTHM ♦ ED SOLO ♦ DEEKLINE ♥ BENNY PAGE**  
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**5TH - 7TH SEPTEMBER 2024**  
**MUCKY-WEEKENDER.CO.UK**

*The Grange Festival*

Head to the stately surroundings of The Grange for its Summer festival and book in for Puccini's Tosca, Stravinsky's The Rake's Progress and A French Salon – a showcase of multi-award-winning US jazz musicians until 6 July. Dress to impress and take a posh picnic.

[www.thegrangefestival.co.uk](http://www.thegrangefestival.co.uk)



*Winchester Foodies Festival*

Dance away to Sister Sledge, Blue and Symphonic Ibiza, feast on local food, see cookery demos galore and shop for artisan produce at Winchester Foodies Festival at North Walls Recreation Ground from 19 to 21 July.

[www.foodiesfestival.com](http://www.foodiesfestival.com)



*Mucky Weekender*

The Dualers, The Dub Pistols, Dreadzone and Marshall Jefferson are among the headliners at this year's Mucky Weekender at Vicarage Farm from 5 to 7 September. Come for the day or glamp in a luxury bell tent.

[www.mucky-weekender.co.uk](http://www.mucky-weekender.co.uk)



*Boomtown*

Echoing out from the Matterley Bowl, the heady beats of Boomtown come from a diverse line-up of underground and global music on 12 main stages in eight uber creative city 'districts'. It runs from 7 to 11 August.

[www.boomtownfair.co.uk](http://www.boomtownfair.co.uk)





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# Festival fella

Barry Ashworth from the Dub Pistols talks all things Mucky Weekender

"If you're doing something you love, you never work a day in your life." So says Barry Ashworth, front man of The Dub Pistols, the reggae-driven music festival stalwarts.

The Dub Pistols started out in the mid-90s with Barry on the decks while musicians jammed over the top.

"I was a ducking, diving South London graduate of the Summer of Love generation who started a band because I loved Happy Mondays and never looked back," he says. "We've had ups and downs, but we've weathered the storms and come up smiling."

Hits have included Cyclone, Mucky Weekend and Running From The Thoughts. The 2023 album Frontline hit number three in the UK charts.

This year The Dub Pistols has been on a European tour. A new album 'Dub Pistols versus The Freestylers' will be released later this year, with collaborative artists including General Levy, MC Spider and Tippa Irie. UK summer festival gigs include Glastonbury, Bestival, Beat Herder and Mucky Weekender which comes to Winchester from 5 to 7 September. Four stages at Vicarage Farm will host the likes of The Dualers, Dreadzone and Marshall Jefferson – and of course The Dub Pistols themselves. Mucky Weekender was created by Barry in 2019.

"Mucky Weekender gives me the opportunity to curate unique experiences, showcase talented artists, and create unforgettable memories for music-lovers," he says. "Each year, we try to push boundaries, introduce new experiences, and welcome new

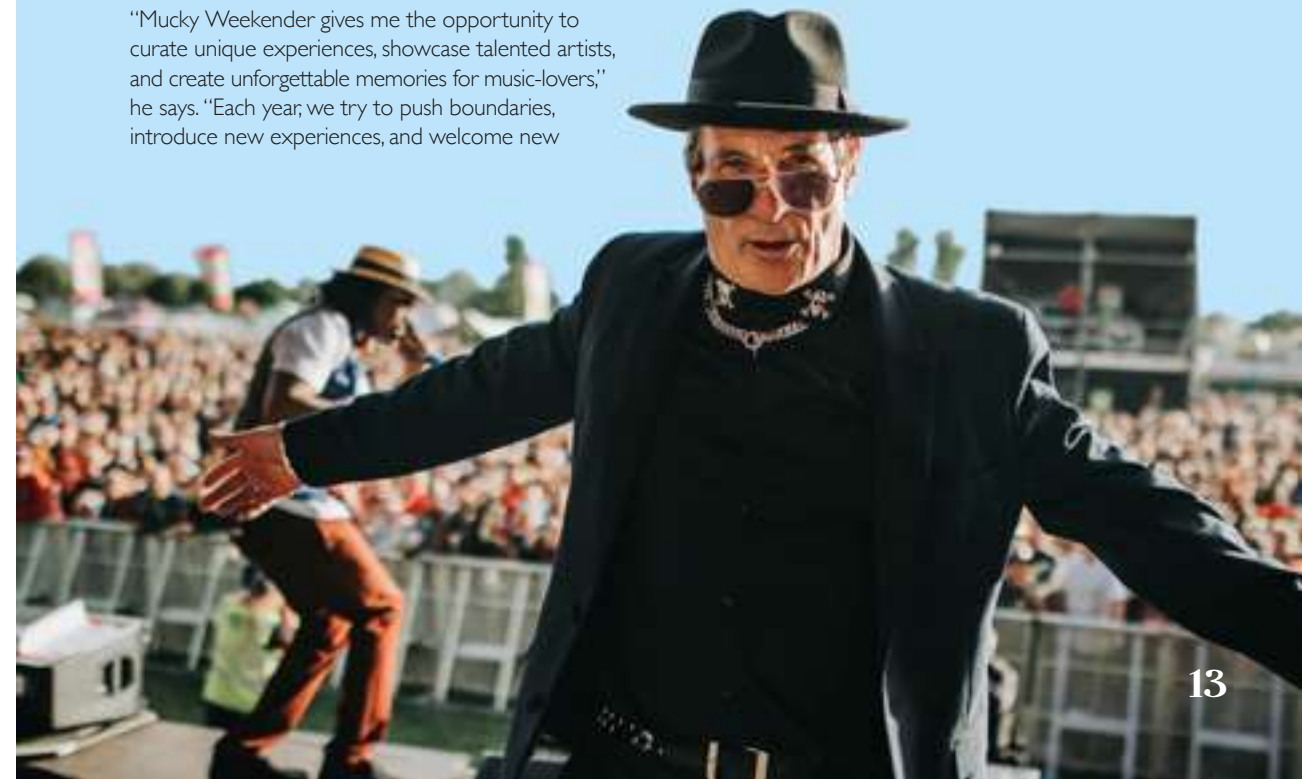
artists from diverse genres. The thrill of seeing a crowd come together, dancing and celebrating in unison, is like nothing else.

"The festival started off in East Sussex but when we got the chance to move it to Vicarage Farm, I couldn't believe my luck. The site has everything we could ask for – sprawling meadows for camping and a stunning woodland backdrop for stages.

"Having the festival in Winchester is also significant for the band as The Railway Inn was one of the first venues The Dub Pistols sold out in the early part of our career: Johnny, our guitarist lives just five miles away."

Keeping the festival at low capacity is important to Barry – 4000 tickets are released for each day. "By limiting the number of attendees, the festival really encourages people to make connections and get together," says Barry. "It's a celebration of creativity, community, and the power of music which brings together people from all walks of life. Those who come to the festival on their own often leave with a tribe of new friends. That always blows me away."

[www.mucky-weekender.co.uk](http://www.mucky-weekender.co.uk)



With nearly 200 independent businesses, Winchester is an exciting place to visit, shop and dine out.

Have fun exploring the many independent businesses across the city and use the **FREE** map to help you discover more of Winchester.



Collect a map from any city centre independent business, the Visitor Information Centre or download your copy here.

Search the latest news on social media by using the **#indiewinch** collective hashtag.

**Thank you for supporting your  
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ONE YEAR!**



# Foodie things to do

Summer must-dos for appreciators of fine food and drink



*Woodfired lunch with  
The Spitfire Sisters*

Head to Lainston House on 25 August for a woodfired lunch accompanied by the soulful tunes of The Spitfire Sisters. Tuck into great local food cooked over an open fire and hear the retro melodies of this talented local trio.

**01962 776088**

[www.exclusive.co.uk/lainston-house](http://www.exclusive.co.uk/lainston-house)



*Afternoon tea delivered  
to your door*

Treat someone special to afternoon tea – delivered! Made using fresh, local ingredients, this lovely treat, priced at £34.50 per person, will arrive with a range of sandwiches, savouries and treats as well as miniature bottle of Pasquiers Cinsault Grenache Rosé 2019.

[www.experiencehampshire.uk](http://www.experiencehampshire.uk)



*Wine tastings and vineyard tours*

Find out how The Grange estate's award-winning sparkling wines are made on a vineyard tour on selected dates in July, August and September and sample of a selection of current releases in the winery. The Grange boasts 52,000 vines over 30 acres.

**01962 458069**

[www.thegrangewine.co.uk/vineyard/tours](http://www.thegrangewine.co.uk/vineyard/tours)



*Summer strawberry picking*

Bourne Valley Fruit Farm near St Mary Bourne is our favourite place for pick-your-own. There's a children's play area, a café and picnic benches if you want to bring lunch. Don't want to pick? You can also buy from the farm shop.

**01264 738888** [www.bournevalleypyo.co.uk](http://www.bournevalleypyo.co.uk)



# The very nicest ices

Our pick of the best city spots for ice cream

## Local ice cream for sharers

Jude's ice cream is made just outside the city and is stocked at Cobbs Farm Shop in Headbourne Worthy, Tesco and Sainsburys. Pop some spoons in your bag and buy a family-sized tub to share under the trees in front of the cathedral.

[www.judes.com](http://www.judes.com)

## Parlour perfection

Republic Of Pizza And Desserts on High Street is a proper ice cream parlour; with over 20 flavours on offer as well as sundaes and waffles. You can eat in or take away and there's a great choice of sprinkles and sauces if you want to make your ice cream even naughtier.

01962 600680 [www.republicofpizza.co.uk](http://www.republicofpizza.co.uk)

## Cheap and cheerful

McDonald's on St George's Street offers soft ice cream for just £1.69. It's our go-to for a cheap-and-cheerful ice cream on the go. McFlurry ice creams are available with a choice of crunchy chocolate bits mixed in and served in a pot with a spoon.

01962 849204 [www.mcdonalds.co.uk](http://www.mcdonalds.co.uk)

## Garden ices

The tearoom at the Hospital of St Cross on St Cross Road offers ice creams and iced lollies as well as hot and cold drinks and cake throughout the Summer. You don't have to visit the rest of the site to use it. If you do, get some fish food at the porter's lodge for the carp in the pond in the very pretty gardens.

01962 878218 [www.hospitalofstcross.co.uk](http://www.hospitalofstcross.co.uk)

## On a walk in the woods

Explore Crab Wood and then stop at the tea barn at Beechcroft Farm on Sarum Road, which sells New Forest Ice Cream as well as home-made cake, hot and cold drinks and savoury snacks in its tea barn. Visit the farm shop for local produce galore as well as excellent meat from the farm and take in the views over the surrounding fields.

01962 868214 [www.beechcroftdirect.co.uk](http://www.beechcroftdirect.co.uk)

## On your bike

Go for a bike ride along the Viaduct Cycle Path at the foot of St Catherine's Hill and nip in to The Handlebar Café near the Garnier Road car park for an ice cream or iced lolly afterwards. There's an outdoor seating area to the side of the café with great views, and inside seating too.

[www.handlebar.cafe](http://www.handlebar.cafe)



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LAINSTON HOUSE



## Woodfired lunch with The Spitfire Sisters

Sunday 25th August

Come join us for a delicious feast cooked over open flames and the soulful melodies of The Spitfire Sisters. Three delicious courses served as a buffet so you can take your pick – fish, meat or veggies – all have a woodfired hero so no-one misses out. And all whilst being serenaded by the vintage-inspired tunes of this talented band. Plus don't forget our 63 acres of beautiful countryside make the perfect pre or post lunch walk to make a real day of it.

Sunday 25th August, 12pm to 3.30pm  
£100 per person, or £600 for a table of 6

There will be no service charge for this event; instead, we encourage you to contribute to the charity Solent Mind, which supports individuals dealing with mental health challenges



01962 776088  
Lainston House,  
Woodman Lane, Sparsholt,  
Winchester, Hampshire SO21 2LT

Scan the QR code to book online,  
or visit [exclusive.co.uk/lainston-live](http://exclusive.co.uk/lainston-live)



# Straight from the grill

Enjoy sizzling food cooked to perfection

## At the steakhouse

Porterhouse on Jewry Street specialises in steak, and its two-course fixed menu is just £22.95 a head from Sunday to Thursday and includes an 8oz rump steak. If you're pushing the boat out order the 32oz porterhouse steak for two on the à la carte dinner menu.

All steaks are matured for 35 days before being cooked on the open grill. Veggie? You'll find lots of non-meat options on the menu too.

01962 810532  
[www.porterhouserestaurant.co.uk](http://www.porterhouserestaurant.co.uk)

## On the barbeque

You get what you pay for when it comes to quality food. Buy barbecue meat from Cobbs Farm Shop in Headbourne Worthy and you'll not only appreciate its full flavour, but you'll also be supporting local farmers. The shop has an in-house butcher who can prepare meat for you – and provide larger cuts if you're hosting a summer party.

01962 889000 [www.cobbsfarmshops.co.uk](http://www.cobbsfarmshops.co.uk)

## Woodfired at the Wellhouse

The Wellhouse at Lainston House is one of very few UK restaurants to cook all dishes by woodfire and offers home-smoked food too. Tuck into the likes of wood-fired cod, barbecue smoked lobster linguine and the mighty sharer platter of Tuscan grilled rib-eye steak.

01962 776088  
[www.exclusive.co.uk/lainston-house](http://www.exclusive.co.uk/lainston-house)

## Teppanyaki sizzle

The Japanese word Teppanyaki is derived from teppan, meaning iron plate and yaki meaning grilled. Book one of the Teppanyaki tables at Samurai on Jewry Street and your food will be cooked right in front of you, then served with theatrical flourishes direct to your plate. The experience is available for lunch or dinner and must be pre-booked.

01962 864178 [www.samuraiwinchester.co.uk](http://www.samuraiwinchester.co.uk)

## Turkish grill

Turkuaz on Jewry Street offers authentic Turkish food including an array of grilled shish kebabs and koftes. We like to eat from the Meze selection where you can try a bit of everything. The Meze boards for two are perfect for lunchtime grazing or for very generous shared starters in the evening.

01962 620819 [www.turkuazwinchester.co.uk](http://www.turkuazwinchester.co.uk)





# COBBS



## SUMMER OF LOCAL

Experience the best of summer at Cobbs! Indulge in the finest local & British produce curated for the season. Visit our farm shop, cosy café, traditional butchery counter, & delightful delicatessen for an unbeatable culinary adventure. Find us in Headbourne Worthy, open seven days a week.

Cobbs Farm Shop, Springvale Road, Headbourne Worthy, Winchester, SO23 7LD  
01962 889000 | winchester@cobbsfarmshops.co.uk

COBBSFARMSHOPS.CO.UK



## Summertime food

Winchester foodie Emma Caulton shares her latest finds



### Two & One Olive Oil

When Lola moved to Hampshire from Spain after marrying Ben, her family's olive oil making heritage came with her. Her handcrafted olive oils are available from West Lea Farm Shop which sources most of its produce from local growers and artisans. Discover Two & One's special trio of extra virgin olive oils, including herby Verde, creamy Negra and aromatic Envero.

[www.twoandoneoliveoil.co.uk](http://www.twoandoneoliveoil.co.uk)



### The Eclipse Inn

The Eclipse Inn on The Square in Winchester is a historic pub that dates back to 1540. It has a profusion of beams, a friendly welcome, and a good selection of gins, including Winchester Distillery's Twisted Nose with watercress as a botanical. Bag a pavement table with a refreshing gin and tonic and watch the world stroll by. One of the best ways to spend a lazy summer afternoon.

[www.the-eclipse-winchester.co.uk](http://www.the-eclipse-winchester.co.uk)



### Happy Adjika

Happy Adjika, run by a mother-daughter duo, brings the flavours of Eastern Europe and Western Asia to Hampshire with homemade Georgian chilli pastes. They're made using local produce, authentic Georgian spices and their own chillies and tomatoes. Mix with honey, oil and lemon to make a glaze for barbecued meats and vegetables, or whisk with olive oil, honey and apple cider vinegar for a gorgeous salad dressing.

[www.happyadjika.co.uk](http://www.happyadjika.co.uk)



### Beechcroft Farm Shop & Tea Barn

Visit this working farm with shop and tea barn on the city's outskirts, with lovely long-distance views over rolling countryside. There's lots of seating and plenty of local produce to buy, including the farm's very own quality beef, lamb and pork. Provenance doesn't come better than this. You can also ask the butcher for recommended cuts and tips for a summer barbecue.

[www.beechcroftdirect.co.uk](http://www.beechcroftdirect.co.uk)



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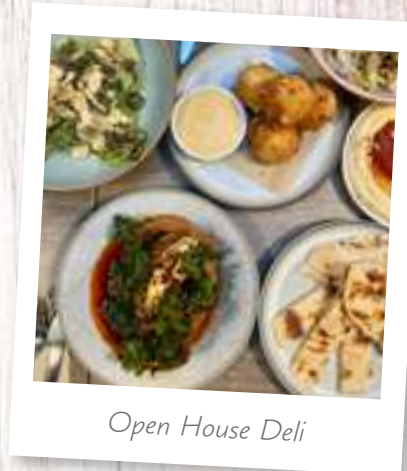
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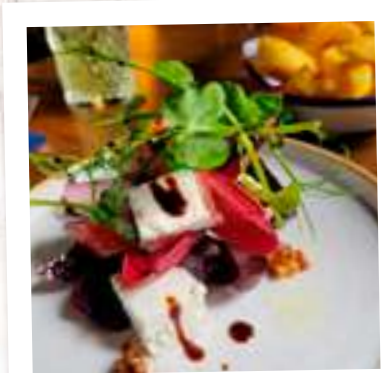
# Take four

Gluten-free or dairy-free? Veggie or vegan? Emma Caulton picks city eateries where everyone can find something to enjoy



*Open House Deli*

Open House Deli on Middle Brook Street is an eco-friendly café serving breakfast, lunch, cakes and coffee. It's ideal for gluten-free diners, veggies and vegans with choices including tasty soups, seasonal salads and homemade cakes, all clearly marked with allergens.  
**01962 807430** [www.openhousedeli.co.uk](http://www.openhousedeli.co.uk)



*The Plough Inn*

The Plough Inn at Sparsholt is a cosy country pub offering a selection of gluten-free options and can accommodate many allergies as food is prepared in an allergy-safe area in the kitchen. Vegan and vegetarian dishes include falafel and spinach burger with harissa.  
**01962 776353**  
[the.littlepubgroup.co.uk/the-plough-inn](http://the.littlepubgroup.co.uk/the-plough-inn)



*The Bugle & The Fox*

The Bugle, Twyford and The Fox, Crawley, are both owned by Lenny Carr-Roberts, a Michelin-trained chef often seen on James Martin's Saturday morning cookery show on ITV. These two village pubs both offer gluten-free options and tasty veggie choices.  
**01962 714888** [www.the-bugle.pub](http://www.the-bugle.pub)  
**01962 461302** [www.the-fox.pub](http://www.the-fox.pub)



*Cobb's Cafe*

Cobbs Café in Headbourne Worthy is a charming rustic barn of a place serving breakfast, lunch and afternoon teas with vegan, veggie and gluten-free options available. The gluten-free cakes are particularly good and there's a lovely outdoor dining area for warmer days.  
**01962 889000** [www.cobbsfarmshops.co.uk](http://www.cobbsfarmshops.co.uk)



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**www.the-eclipse-winchester.co.uk**





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[travelcounsellors.com/zoe.palmer](http://travelcounsellors.com/zoe.palmer)



# Wanderlust

Places to go, things to do and city experts to get you there

## 24 hours in... Caen

Hop across to France this summer

### Fly...

New this summer, Chalcir is offering Friday and Sunday flights to Caen from Southampton Airport until 22 September.



### Visit...

Caen city played a huge part in the D-Day Landings and the Battle of Normandy that led to the liberation of France. See the Memorial de Caen, a vast museum focusing on the history and repercussions of war in the 20th century.

Caen was once home to William The Conqueror. Visit his castle and two impressive abbeys. For a stroll, promenade around the marina or visit the picturesque Jardin des Plantes.

### Stay...

Stay at Le Clos Saint-Martin, an upmarket B&B in a 16th century mansion with beautifully decorated rooms full of antiques and art. It's right in the centre of Caen and has a pretty courtyard for al fresco breakfast in the morning and elegant evening drinks.

### Eat...

Eat out in the atmospheric Vaugueux neighbourhood which dates to the Middle Ages and which is home to restaurants galore.

[www.chalcir.fr](http://www.chalcir.fr)  
[www.clossaintmartin.com](http://www.clossaintmartin.com)  
[www.caenlamer-tourisme.com](http://www.caenlamer-tourisme.com)



## Small group Kerala

Join city travel expert Zoe Palmer on a specially curated adventure tour to Kerala this November taking in city life, lush forests and golden beaches.

Highlights include Kochi on Tuk Tuks, a spice plantation visit in Thekkady, bamboo rafts through Periyar Tiger Reserve and a houseboat stay. Single travellers are welcome as well as couples and groups. Zoe will be hosting the trip throughout.

01962 690006

[www.travelcounsellors.com/zoe.palmer](http://www.travelcounsellors.com/zoe.palmer)

## Speak the lingo...

Sign up for one of Peter Symonds Adult Education College's language courses which include French, Spanish - and even Mandarin if you're thinking of going long-haul.

01962 886166 [www.psc.ac.uk/ahed](http://www.psc.ac.uk/ahed)



## Suits you

Pick up bargain suitcases at TK Maxx and Primark in The Brooks Centre.





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# A few of my favourite things...

Summer shopping and sparkle with Donna Laine

## Relaxed bliss

Houghton Lodge Gardens near Stockbridge has a pretty walled kitchen garden with fragrant herbaceous borders galore and picturesque riverside paths along the River Test. The tea rooms have had a revamp and it's also a lovely place to take a picnic.

01962 810502

[www.houghtonlodge.co.uk](http://www.houghtonlodge.co.uk)



## Floral and fragrant

Tea and cake on the terrace at Long Barn just outside Alresford is always a treat. The shop has its own range of beauty products including this beautifully fragrant English Rose Soap, £6.99.

01962 738684 [www.longbarn.co.uk](http://www.longbarn.co.uk)



## Rose lemonade

Pop into Kingsgate Wines & Provisions on Kingsgate Street and you can be sure of lots of quirky finds plus great olives and a really good selection of wine. For summer cocktails, a dash of Fentiman's Rose Lemonade is just the thing.

01962 854670

[www.kingsgateprovisions.co.uk](http://www.kingsgateprovisions.co.uk)



## On my arm

I do love a summery basket and Aspiga on High Street has some lovely pastel baskets this season. Everything is ethically sourced and made. This Bon Bon mini tote is £65.

[www.aspiga.com](http://www.aspiga.com)



## Summer in a scoop

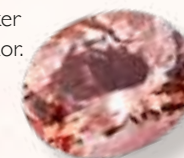
Jude's ice-cream is made in Twyford and has a limited-edition Rose ice-cream this summer which is available at National Trust Mottisfont and to order in Jude's tasting boxes. It's made with rose extract which gives it a lovely fragrant flavour.

[www.judes.com](http://www.judes.com)



## Pretty in pink

Nothing is prettier than a morganite for summer. Morganite is part of the emerald family and is a fabulous stone with rich pink tones. It was discovered in 1910 and named after the banker JP Morgan who was a gem collector. Visit my shop to see morganite in some of our beautiful jewellery.



Donna Laine is the owner of Donna Laine Fine Jewellery, Parchment Street, which stocks both new and pre-loved jewellery and offers repairs, watch services and battery replacement and remodelling.

01962 860202 [www.donnalaine.com](http://www.donnalaine.com)





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to tickle your taste buds



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get away on a break from  
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Cruiser Skateboard  
The Entertainer



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Rick Stein: The Road  
to Mexico  
Waterstones



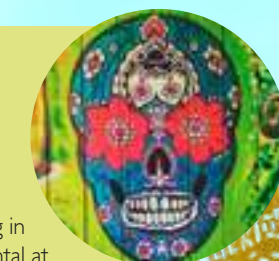
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01962 877327 [www.independentholidayshop.com](http://www.independentholidayshop.com)



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## Bringing the city streets to life

Hat Fair director Andrew Loretto  
celebrates 50 years of revelry



It's the UK's longest-running festival of outdoor arts, celebrating its 50th anniversary this year. Hat Fair, from Friday 5 to Sunday 7 July, offers street theatre, circus, music, dance and more.

Director, Andrew Loretto is at the helm. "Hat Fair was conceived as a busking festival in 1974 and is inspired now as it was then by the people, heritage and public spaces within the city," Andrew says.

"It's a bit like letting your cheeky cousin loose in Winchester. It's playful, it's fun and it's full of surprises, but most of all it entertains and encourages people to discover city spaces in an entirely new way."

International artists will join those from across the country and from Winchester, offering interactive experiences for all ages. Some of the performances are specially commissioned for Hat Fair, which is now highly regarded on a national scale.

This year's festival opens with a carnival which will see school children and community groups parading through the city centre in costumes inspired by the theme, 'Look Back, Look Forwards, Look Up'. In the evening, community choirs and dancers will congregate outside Winchester Cathedral for a joyous opening ceremony.

"Hat Fair is not only important to the city but is also an event which performers far and wide want to be part of," Andrew says. "Highlights this year include Cloudscapes, combining communal cloud gazing with storytelling, Autin Dance whose work includes a 13-foot puppet and The Giant Wheel, a performance

featuring a 12-foot wheel, inspired by the impact of people working together.

Ensuring that the festival remains free is at the heart of making Hat Fair accessible to all, with sponsors including The Arts Council and The National Lottery, Winchester City Council and Winchester BID.

"Free performances not only make Hat Fair inclusive but also ensure we can offer our audiences the chance to try something a bit different," says Andrew. Hat Fair is also about bringing people together – not only from outside the city, but within the city too. "Something very special happens when people enjoy a shared creative experience, especially when it's in the open air," he continues "Hat Fair is about making connections between people, the arts and our city at all levels, and along the way offering plenty of fun."

[www.hatfair.co.uk](http://www.hatfair.co.uk)

Photo courtesy of Adrienne Photography [www.adriennephotography.co.uk](http://www.adriennephotography.co.uk)





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art&craft

## Canvas and craft

Arty, crafty things we love

### Our cover artist

Growing up in Hampshire, Jack Harding trained at London Art College. Initially starting out in oil paints with a figurative, almost photographic, technique, he now creates mixed-media art, integrating collage, inks, acrylics and watercolours.



Jack has been crowned Best Mixed Media Artist by Winchester Art Society three times and cards of his paintings are available at Cornflowers in Kingsgate and at The Hospital of St Cross.

He says: "There are so many stunning buildings, streets and views in and around the city that have inspired me to paint – sometimes it feels like cheating! Greens was one of the great pubs of my youth where I had far too many good times and was a natural choice for me to capture on canvas."

[www.jackhardingart.com](http://www.jackhardingart.com)



### Learn a new craft

We love going to Bella Crafts in Kings Walk for its adults' workshops which change every month. It's a great place to learn a new skill under the watchful eye of a pro and you can buy craft materials here too. It's also a creative choice for hosting a hen party or a gathering of friends, with packages including afternoon tea and a cold buffet.

[www.bellacrafts.co.uk](http://www.bellacrafts.co.uk)



### Make a day of it...

With a bit of planning, you can visit a dozen or so artists as well as fitting in a tea and cake break!

### Hampshire Open Studios

See and buy the work of city artists like Emma Lowres in their own homes, studios and workshops as part of Hampshire Open Studios from 17 to 26 August. Collect a guide to where to go from Winchester Tourist Information Centre or look on the Open Studios website.

[www.hampshireopenstudios.org.uk](http://www.hampshireopenstudios.org.uk)





A collage of images related to children's education and play. It includes several sharpened colored pencils (purple, green, orange, red, pink) standing upright next to a wooden ruler. Below this, there is a photograph of a child's hands holding small white objects (possibly seeds or beads) over a green surface. To the right, a portion of a yellow pencil with a green eraser is visible.

## A group of five children, three girls and two boys, are smiling and waving at the camera. They are outdoors on a grassy area. The girl in the center is wearing a green shirt. The boy next to her is wearing a red shirt. The girl in the foreground is wearing a pink shirt. The boy in the background is wearing a blue shirt. The girl on the right is wearing a green shirt. The photo is tilted slightly to the right.

01962 840440 [www.theatreroyalwinchester.co.uk](http://www.theatreroyalwinchester.co.uk)

Got a pop-star wannabe? Or a dancer, drummer, guitarist or songwriter who wants to be in a band? Join Upbeat's summer course, which gives children from 5 to 12 the chance to sing, play, write, record and perform from 5 to 9 August at Western Primary School.

## Dr Doolittle in the Deanery Gardens

Having mastered the language of the animals, Doctor Dolittle sets off on a journey to help species the world over at Winchester Cathedral's Lower Deanery Garden.

01962 857275 [www.winchester-cathedral.org.uk](http://www.winchester-cathedral.org.uk)

Looking for non-stop action for busy kids this summer? Ultimate Activity Camps at Twyford School offers day care for children from four to 14 with over 40 sports, games and art activities every week. There's the bonus of a large indoor heated pool on-site plus residential accommodation so the fun can continue into the evening.

0330 1117077 [www.ultimateactivity.co.uk](http://www.ultimateactivity.co.uk)

Fiesta at Winchester Science Centre is a children's festival of curiosity that runs throughout the summer holidays – and it's all about the Olympics and Paralympics.

There will be interactive activities outside, Bug Olympics, live science shows demonstrating how our bodies work when we exercise, plus 'don't try this at home' demos. All activities are included in the general admission fee.

01962 863791 [www.winchestersciencecentre.org](http://www.winchestersciencecentre.org)



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# UPBEAT

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UPBEAT





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# Upcoming Open Days

Senior School, 5 October  
Prep School, 8 November

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[www.stswithuns.com](http://www.stswithuns.com)

# What's on

Great ideas for kids

## John Burningham's bedtime stories

Discover the world of children's author and illustrator John Burningham at Mottisfont this summer. Over 60 illustrations will be in its gallery. Take photos at colourful blown-up scenes using dressing up props, see the magic bed and meet characters on an outdoor activity trail.

01794 340757 [www.nationaltrust.org.uk/mottisfont](http://www.nationaltrust.org.uk/mottisfont)

## Summer workshops at The Arc

The Arc has lots of creative workshops for kids over the summer holidays including finger knitting and lolly stick beach hut and bracelet-making. Make a bubble wand on 22 August and learn how to create giant, festival-sized bubbles that will wow friends and family at home.

01962 398046 [www.arcwinchester.org.uk](http://www.arcwinchester.org.uk)

## A sweet treat

Make chocolates just like the professionals at a Chocolate Craft Chocolate Workshop near Alresford. Teens over 14 can take part alongside an adult and over-16s are welcome on their own.

Find out how chocolate is made before making your own delicious fillings, learn piping skills from the pros and go home with a big box of delicious treats.

01962 732731 [www.chocolatecraft.co.uk](http://www.chocolatecraft.co.uk)

## Get snapping!

Get a group of kids together for a hands-on workshop at The Garden Studio in Compton, aimed at budding photographers aged between 12 and 16 years. They'll learn the essential skills required to use their camera's settings, take perfectly exposed photographs and master basic techniques of composition such as framing, balance, colour and lines to improve their skills.

[www.experiencehampshire.uk](http://www.experiencehampshire.uk)





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**We are now offering intensive revision courses over the holidays to help prepare students for their exams. As well as helping with revision strategy, we will cover how to structure their answers for each section of the exam, show model answers and use past papers to demonstrate and discuss mark schemes.**

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**5**

**sessions** for each course (one per day)

**1**

**hour** for each session (sessions are recorded)

**£120**

per **course**

### Course 1: English Language Paper 1

W/c 5th August, W/c 12th August and W/c 19th August

### Course 2: English Language Paper 2

W/c 5th August, W/c 12th August and W/c 19th August

### Course 3: Maths 1

W/c 5th August, W/c 12th August and W/c 19th August

### Course 4: Maths 2

W/c 5th August, W/c 12th August and W/c 19th August

Other dates may be added depending on demand

For more information, or to register your interest, please contact us.

**01962 277002**

**sboon@tutordocor.co.uk**

All prices are exclusive of VAT

# Legal rights for SEN children

Hannah Adams from Shentons reveals why getting specialist advice is so important



When solicitor Hannah Adams set up a specialist education team at Shentons in 2021 dedicated to helping families, she could never have imagined how much demand there would be.

"Anyone with a child with special educational needs knows how difficult it is to get support," says Hannah. "Lack of understanding, discrimination and unlawful exclusions are all too common."

As a parent with a SEN child herself, Hannah realised how little help there was available and wanted to help others. "The law is there to support children and the local educational authority has a duty to abide by it," she says.

That's one thing in theory, but quite another in practise. Lack of SEN funding makes LEAs more likely to challenge applications for extra provision in the classroom purely because they don't have enough resources.

"In a pre-school setting, children with additional needs are often supported in small groups, and inclusive play makes it easier for them to thrive. It's at primary school that things become more difficult," says Hannah.

Children with complex needs are required to have an Education and Health Care Plan (EHCP), which details the special educational provision the local authority should put in place. Parents have a legal right to request an EHCP but often have no idea how to go

about doing that.

Complex reports are needed as evidence. NHS or local authority experts can refuse services because certain thresholds are not met, despite these thresholds holding no foundation in law.

"Parents have a right of appeal against the contents of the EHCP if they are unhappy with it," says Hannah. "They can also appeal against a refusal by the local authority to carry out a needs assessment or to issue a plan after they have done the assessment."

Setting out alone to fathom your way through SEN legal process is difficult. "Most people seek specialist legal advice when it comes to other things that affect their family like divorce, but don't consider the importance of doing that for a SEN child," Hannah adds.

"Knowing where you stand is essential. For some parents, I'll handle almost all the process; for others I might work in an advisory role. We have a package of support at a fixed fee to review a child's case and to suggest the best ways to fight it.

"Parents need to understand the law so they can advocate for their children. Every child deserves an education that meets their needs, and every child also has legal rights to get those needs met."

**01962 844544**

[www.shentons.co.uk](http://www.shentons.co.uk)







**We'll leave it to others to describe us....**

**"We were struck by how happy, secure and focused all the boys at this lovely prep seemed" - Talk Education**

**"Boys are polite, supportive of one another and intellectually curious" - The Good Schools Guide**

**Book an Open Morning**  
**Pre-Prep - Friday 27 September**  
**Whole School - Saturday 05 October**



Read our reviews

The Pilgrims' School, Winchester

An exceptional start in life for boys aged 4-13  
[www.thepilgrims-school.co.uk](http://www.thepilgrims-school.co.uk)

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# School news

LOCAL SCHOOLS AND STUDENT ACHIEVEMENT



## Winchester College's new sports centre opens its doors



Steve Brine visited Winchester College to see its new state-of-the-art sports centre. The facility, located between the playing fields on Kingsgate Park and Norman Road, includes a fitness centre, sports hall and swimming pool in three linked pavilions.

Students now have access to a climbing wall and indoor cricket, badminton, futsal, volleyball, tennis and netball courts. There are also six squash courts, six fives courts, a new Dojo gym and exercise and dance studios.

Over 30 sports are offered to students at Winchester College. Coaching staff include former international players and professionals, as well as current county and district level coaches.

01962 621100 [www.winchestercollege.org/learning/sport](http://www.winchestercollege.org/learning/sport)



### Did you know?

Members of the public, sports clubs and other organisations can take advantage of the College's new facilities. To find out more, visit [www.winchestercollege.org/learning/sport](http://www.winchestercollege.org/learning/sport)

## Social action at Westgate

Year 9 pupils from The Westgate School were awarded £1,000 for The Winchester Beacon by First Give, a charity focused on inspiring young people to make a positive change in society.

Two tutor groups decided to support the city homelessness charity and initiated 'social action' within the school. Activities included handing out branded stickers to raise awareness of rough sleepers. Students had to pitch to a panel of judges and went on to win a £1,000 donation for the charity.

01962 854757 [www.westgate.hants.sch.uk](http://www.westgate.hants.sch.uk)



## Wraparound care

To support busy working families, Pilgrims' is now offering extended wraparound care. Parents can drop off from as early as 7.15am for breakfast club. Following after-school activities, such as falconry, Warhammer and judo, boys can stay for supper and be picked up at 6pm for Pre-Prep, or as late as 7.30pm for older boys.

[www.thepilgrims-school.co.uk/wraparound-care](http://www.thepilgrims-school.co.uk/wraparound-care)



The HENRY  
BEAUFORT School



'The Henry Beaufort students' performance of Matilda at the Theatre Royal Winchester was nothing short of brilliant, leaving the audience mesmerised and in awe of their hard work. It was simply spectacular!'

Member of the Audience

## EVERYBODY'S TALKING ABOUT JAMIE

Coming Soon



After what was an impressive display of talent at auditions – we are underway and the cast are busy rehearsing.

The story, characters and songs are such an inspiration and a joy to explore!

Show dates:  
Wednesday 22<sup>nd</sup> January 2025  
Thursday 23<sup>rd</sup> January 2025  
Friday 24<sup>th</sup> January 2025

Theatre Royal  
Winchester  
Jewry St  
Winchester  
SO23 8SB

More details on ticket sales soon



## Walk The Walk

A big well done to the team from Prince's Mead School in Kings Worthy who donned neon tutus and face glitter and successfully completed London Moonwalk, an overnight marathon walk organised by Walk the Walk to raise funds for breast cancer support.

The team, of teachers and staff trained for months after school across the South Downs National Park. They raised £5,500.

[www.princesmeadschool.org.uk](http://www.princesmeadschool.org.uk)



## Henry Beaufort celebrates scholars

An impressive 28 Year 8 students from Henry Beaufort School took part in the Brilliant Club Scholars programme which gives students the opportunity to study at Higher Education level.

Students studied 'What is war?' and 'Stem detectives' with a PhD tutor and were tasked with submitting a 1,500-to-2,000-word essay. Final marks ranged from first class to third class honours.

[www.beaufort.hants.sch.uk](http://www.beaufort.hants.sch.uk)

## Could you host an international student?

Pippa's Guardians has been providing high quality guardianship services to international school pupils boarding at UK independent schools for over 25 years. The company is now looking for host families in Winchester.

Providing a warm and friendly home for a student during their breaks from school enhances their study and experience of British life and helps to improve their English.

As well as receiving a generous payment, host families enjoy the cultural benefits of an international student and the companionship of having a young person in their home.

[www.pippasguardians.co.uk](http://www.pippasguardians.co.uk)



## Pilgrims' Chamber Choir goes to Italy

Pilgrims' Chamber Choir set off to Italy for its first tour abroad. The boys spent five days in Sorrento, soaking up Italian culture and performed a rendition of Funiculi Funicula at the top of Mount Vesuvius. The choir's showpiece Biehl's Ave Maria was performed to a packed Church of San Francesco, where the boys were given a standing ovation. Director of Music, Russell du Plessis said: "The Chamber Choir's first tour abroad was all that we had hoped for – and so much more. Boys and staff alike enjoyed a uniquely special time in a beautiful part of the world."

Hear their performance at  
<http://bit.ly/pilgrims-chamber-choir>



## Host families and chaperones needed

For international pupils at Winchester College and other local boarding schools

Attractive daily rates and travel expenses for 6 weekends per year, occasional half-terms, and airport travel.

To find out more call **01684 252757** or email  
[hostfamilies@pippasguardians.co.uk](mailto:hostfamilies@pippasguardians.co.uk)

[www.pippasguardians.co.uk](http://www.pippasguardians.co.uk)







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Excellent in all areas - ISI Inspection 2023

Independent co-educational school for children aged 3-11 years

01962 888000 [princesmeadschool.org.uk](http://princesmeadschool.org.uk)  
Worthy Park House, Winchester

# Past, present and future

Adam King, headmaster of Prince's Mead talks community and climbing mountains with Emma Caulton as the school celebrates its 75th anniversary



Its drive leads through field and copse to an elegant Georgian manor house that seems more like a grand home than a school. This is Prince's Mead, a co-educational school and nursery for 3 to 11-year-olds.

Adam King is headmaster and is overseeing Prince's Mead's 75th anniversary year. The school has changed a great deal since it was set up by Miss Crystal Holme as a school for the daughters of Winchester College's dons. Those changes include moving to the magnificent Worthy Park House.

"Crystal Holme didn't view education as purely academic," says Adam. "She had a holistic approach and we have taken that forward. We are all about educating the whole child."

Prince's Mead is a school where children embrace adventure. Year 5 climbed Snowdon and Year 6 went up Scafell Pike, England's highest peak. "I don't know any other Prep school that takes an entire year group up a mountain," Adam continues.

"We are also a school where you will find kindness in abundance. It is one of our five values. Parents often use the word 'nurturing' to describe Prince's Mead, along with 'friendly', 'caring' and 'supportive'," he says.

Community is a big part of school life. "We have created an amphitheatre in the grounds and are building a canopy in the woods – places where people can gather," Adam continues. "We have introduced a family focus on Friday mornings when parents join us for a full English breakfast before assembly. It's about creating opportunities and moments to come together and feel part of something special."

Looking to the future is important at Prince's Mead. "Technology will be a big part of our children's lives in their future careers, and we ensure they use it sensibly and safely here" Adam says. "Every child from Year 3

to Year 6 has their own Chromebook which is used in every lesson. Pupils can chart their progress and connect within our community on a safe platform."

It's evident that Adam loves his job. "What I cherish about my role is that every day is different. Working with children is exciting. They do the most amazing things – like the quiet boy who sang solo in a musical. As a very involved headteacher, I teach and I coach rugby. We have mixed hockey, rugby and cricket teams, and I've watched the girls on our rugby team get stuck in and come up smiling.

"We have recently introduced a new alumni initiative. If you have any connection with Prince's Mead, whether as a pupil or working here, we are asking people to re-engage. There are alumni events this year and we'd love to welcome students and staff back again."

01962 888000 [www.princesmeadschool.org.uk](http://www.princesmeadschool.org.uk)







# EMBLEY

## HAMPSHIRE



# More than education

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DISCOVER MORE AT [EMBLEY.ORG.UK](http://EMBLEY.ORG.UK)

## On the crest of a wave

One to one with Sophie Bubb, head of sailing at Embley



Sailing at Embley isn't merely about mastering knots and tacking. "It's about honing life skills, fostering resilience, and assuming leadership roles," says Sophie Bubb, head of sailing at the independent school just outside Romsey. "It's a great way to build resilience and gain a sense of adventure. As students learn to navigate the winds and waves, they also navigate challenges and build confidence on and off the water."

If anyone was made for the post, it was Sophie, a lifelong sailor who came through the Royal Yachting Association's youth racing squads, before working with professional sailing teams across the world including the Volvo Ocean Race and Vestas SailRocket team. She is married to a multiple round-the-world former professional ocean racer and together with their two young boys, recently returned from an 18-month sailing trip from the UK to New Zealand. "My love for sailing started as a child," she says. "I was given my first boat at the age of five and have never looked back."

Children at Embley's prep school get an opportunity to gain RYA 1 dinghy sailing skills in Year 5 and 6. In the senior school, sailing is timetabled from Easter to October half term as one of the sports options. Over 120 children get out on the water every month on the school's fleet of keel boats, dinghies and its 37 foot yacht which is moored at Lymington Yacht Club.

"Hands-on experience fosters a spirit of perseverance and determination — qualities that are invaluable in all aspects of life," says Sophie. "Students are encouraged to take on leadership roles and collaborate with their peers. Whether it's working together to rig a boat or strategising during a race, teamwork is at the heart of sailing. Students develop essential communication and interpersonal skills, learning to trust and rely on one another."

Such is the skill of Embley's sailors that they compete at events across the country, including the Round the Island Race and the British Schools Dinghy Racing Championships. Some have gone on to represent Great Britain at the Youth World Championships.

Beyond the technical skills and teamwork, sailing at Embley nurtures a deep appreciation for the natural world. "It gives our students a sense of stewardship and responsibility towards the sea, laying the foundation for a lifelong commitment to environmental conservation," says Sophie. "We have a resident marine biologist in our science labs and our boats also serve as platforms for scientific enquiry, enriching students' learning experiences."

"Most of all, Embley's sailing programme nurtures well-rounded young people who are equipped with the skills, values, and mindset to navigate life's challenges with confidence, compassion, and integrity."

01794 512206 [www.embley.org.uk](http://www.embley.org.uk)







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history

# Remembering the fallen

100 Years of Winchester College's War Cloister



Walk around the stillness of Winchester College's War Cloister and you can't help but feel moved. 2024 marks the 100th anniversary of this tranquil space which is the largest private war memorial in Europe. Row upon row of names of fallen former students line the walls.

Pippa Pomeroy is a former servicewoman who has helped create War Cloister tours, in part, to honour the fallen, and is now one of a team of guides. "The War Cloister was commissioned in 1922 by the then headmaster Montague Rendall and designed by Sir Herbert Baker and opened in 1924," she says. "There has been extensive conservation work over the last year and the names of every Wykehamist lost in warfare are as crisp today as the day they were carved into the walls."

2,488 members of the Winchester College community served in the Armed Forces during World War I and 514 died, predominantly in the army. Among them is Raymond Asquith, the son of Prime Minister Herbert Asquith and Douglas Acworth, one of the first recipients of the Military Cross. Their names are grouped not by rank or social standing, but by the year they started at the college. Majors' names are next to those of Privates. Everyone is equal here.

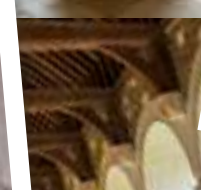
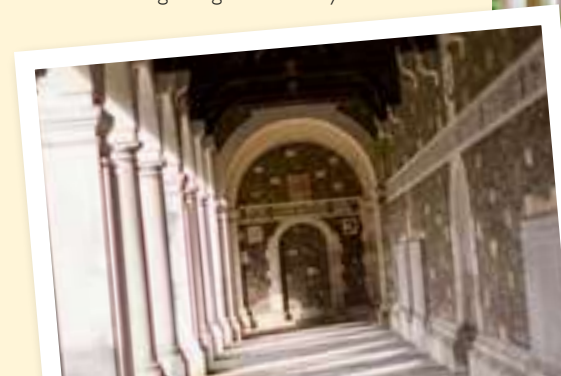
"Each week during World War One, the headmaster would read out the names of those who had died at the Sunday service," says Pippa. "All but 13 had passed through his hands. Some men were from the same family – as was the case with Douglas and his brother Thomas Gillespie. One of Douglas' letters to the headmaster included a wish for a 'Via Sacra' along the Western Front to remember the fallen. The Western Front Way is now a reality, with the college also creating its own Via Sacra through its grounds this year."

The 285 former boys who fell in World War Two are listed on the inner columns of the cloister. There is an additional memorial plaque to the former pupils from Winchester College who have died in service since 1945.

But this is no solemn, dusty space. "The cloister was designed to be walked through by college boys of all ages every day and continues to be a thoroughfare that boys – and now girls – clatter through on their way to lessons," says Pippa. "New life is breathed here every day."

Join a War Cloister Tour and you'll learn about the symbolism of the stones that are laid into the ground, the regimental crests on the walls and the detail that was applied to every element of their design. You'll also hear stories of lives cut short, but lives lived well. You'll become part of the ongoing remembrance of young men lost but never forgotten; young men who walked the same college cobbles that you'll walk on the way out.

[www.winchestercollege.org/visit-us](http://www.winchestercollege.org/visit-us)





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# Health boost

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## Travel health

REMEDI HEALTH on Southgate Street offers a complete travel health service including advice on vaccinations, anti-malarial tablets, altitude sickness, jetlag and diarrhoea prevention and treatment.

The pharmacy also offers period delay medication for women not taking hormonal contraception. If you're going off the beaten track, medications such as loperamide and rehydration salts can also be issued as well as 'just in case' antibiotics.

01962 798580 [www.remediahealth.co](http://www.remediahealth.co)



## Treat your feet

Shuropody on High Street offers foot MOTs to check circulation, nerves and biomechanical function. They're a full hour long and include a review of your current health and medication and how they may be affecting your feet. You'll also get a podiatry treatment with nail trimming and removal of hard skin and aftercare on footwear and footcare.

01962 807370 [www.shuropody.com](http://www.shuropody.com)



*"You don't have to put up with the symptoms... there are a number of solutions"*



## Pins and needles

Got tingling in your thumb, index and/or middle fingers, particularly at nighttime? "You may have carpal tunnel syndrome"; says consultant orthopaedic hand and trauma surgeon Alistair Phillips who works from Healthshare Clinic Winchester.

It's something many people live with, despite the unpleasant feeling. "Simple solutions like splints are useful if you get mostly nighttime symptoms," he continues. "Permanent symptoms or any thumb weakness really need a review. A small operation to release pressure on the nerve can make a huge difference."

02380 764967 [www.alistairphillips.co.uk](http://www.alistairphillips.co.uk)



## Did you know?

If you have regular prescriptions or are on a period of extended sick leave, you can save money with a Prepayment Certificate, available online, which covers all your NHS medication for three months (£32.05) or a year (£114.50).

[www.nhsbsa.nhs/healthcosts](http://www.nhsbsa.nhs/healthcosts)



# Do you know about your prostate health? Are you at risk of prostate cancer?

## Risk Factors:

- Age > 50
- Father or brother affected
- Black ethnicity

Winchester's dedicated prostate cancer team, led by highly experienced consultants Mr Tim Dudderidge and Mr Werner Struss, provide a local urology clinic focused on diagnosing and treating men with urinary and prostate disorders using advanced technology and a holistic approach.

Winchester Prostate Clinic offers rapid access appointments. GP or self-referrals are accepted for a full assessment including consultation, examination, PSA test and, if required, an MRI scan. Self-funding or insured patients can be seen.

## Winchester Prostate Clinic

### Book appointment

023 8076 4391 or [info@tdurology.co.uk](mailto:info@tdurology.co.uk)

Appointments at Sarum Road Hospital and Spire Southampton Hospital  
Winchester Prostate Clinic is delivered by TD Urology Ltd Company number 11872460



[tdurology.co.uk](http://tdurology.co.uk)  
[winchesterprostate.co.uk](http://winchesterprostate.co.uk)

## Pillow talk

Part and parcel of any prostate cancer diagnosis should be a discussion about sex, says consultant urologist Tim Dudderidge



It's the most common cancer in men, with one in eight diagnosed with prostate cancer. But the side effects of treatment can lead to erectile dysfunction and loss of libido.

Consultant urologist Tim Dudderidge from TD Urology offers private treatment for prostate cancer at Spire Southampton Hospital, with diagnostics also available at Sarum Road Hospital in Winchester. "Technological advances mean that we now have very targeted and minimally invasive surgical procedures for destroying cancerous prostate cells which cause low risks of nerve damage," he says. "However, if cancer has spread into the nerves or the prostate needs to be removed entirely, there can be changes in men's sexual function."

Self-referral for a private appointment offers you wait-free access to the latest advancements in cancer treatment. NanoKnife, which is not yet available on the NHS locally, but is available in Tim's private practice, uses electrical pulses and electrodes to puncture cancer cells' membranes to destroy them with precision. Patients are generally treated as day cases with minimal discomfort. Most can complete their recovery in five days. Book direct with Tim and you'll see an internationally respected expert all the way through. Tim can also give you all the time you need to talk sex man-to-man. Tests, scans and diagnostic procedures can be completed

within a matter of weeks, with surgical interventions usually booked within a fortnight.

Under the NHS, a typical fast-track cancer pathway allows patients to meet with a cancer nurse within two weeks. Scans and biopsies are scheduled and can take several weeks before you see the nurse for results and later a consultant.

"After erectile dysfunction, one of the most common discussions we have around sex following prostate treatment is around losing visible ejaculation, which occurs when the prostate gland and two seminal vesicles need to be removed," says Tim.

"Men's orgasms feel different after this, as the rush of semen flow no longer takes place. When nerves are affected by surgery, getting an erection becomes more difficult. Post operative support can include medication, vacuum pumps and injection therapy to help."

Going private doesn't mean necessarily staying private. "Sometimes men book privately to get a second opinion," says Tim. "We can also refer back to the NHS. It's the time that we can offer in the private clinic that makes a huge difference to the patients we see."

023 8076 4391 [www.tdurology.co.uk](http://www.tdurology.co.uk)





# Fitness news

TRY SOMETHING NEW THIS SUMMER



## Winchester Venue:

Garrison Ground, Winchester, SO23 9NR  
(next to the Winchester Sport & Leisure Park)

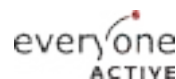
Time: 9.30am - 10.30am

Dates: Every Sunday from  
5 May – 22 September 2024

## Whiteley Venue:

Meadowside Recreation Ground, Whiteley,  
PO15 7LJ (behind Meadowside Leisure Centre)

For more information please visit  
[www.parkyoga.co/winchester](http://www.parkyoga.co/winchester)  
or [www.parkyoga.co/whiteley](http://www.parkyoga.co/whiteley)



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## Boost your cycling stamina

Improve your cycling skills and stamina at Station Mill Health and Fitness in Alresford which has a state-of-the-art Skillbike cycling studio and group classes where adjusted kit can have beginners working alongside established cyclists at their own level. Live data feeds back to clients' smartwatches so settings can be automatically uploaded from one session to another; and you can also book private sessions to work on personal targets.

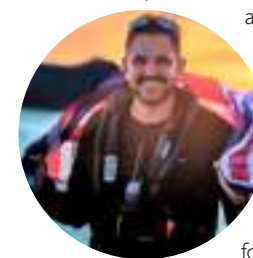
01962 735110 [www.stationmill.co.uk](http://www.stationmill.co.uk)

## Mr Motivator

Jordan Wylie MBE is an award-winning adventurer; bestselling author and star of Channel 4's Hunted and Celebrity Hunted. The former soldier from Alresford has raised over £1 million pounds for charity. Hear his story

at Theatre Royal Winchester on 16 July.

[www.theatreroyalwinchester.co.uk](http://www.theatreroyalwinchester.co.uk)



## Forest bathing at Crab Wood

Immerse yourself in a guided forest bathing experience in Crab Wood with Sonya Dibbin, a qualified Forest Bathing and Mindfulness guide.

The three-hour sessions which run throughout the summer include a mix of guided meditation, nature-themed tasks and reflection. You'll end the experience with a foraged tea ceremony made with leaves from seasonal wild plants.

[www.experiencehampshire.uk](http://www.experiencehampshire.uk)



## Yoga in the park

Enjoy Park Yoga sessions for free at the Garrison Ground every Sunday until 22 September thanks to an initiative by Winchester City Council.

It's a great way to try yoga out in a relaxed setting with other people in the summer sunshine.

Sessions run from 9.30 to 10.30am and are suitable for everyone – including children. Just bring a mat, towel or blanket and a bottle of water.

[www.parkyoga.co/winchester](http://www.parkyoga.co/winchester)





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\*T&Cs apply.



## Hormonal Harmony Guiding you through your Menopause



We are Eileen, Pam and Helen (picture left to right)...and together we think our midlife is a time to celebrate and start living our best lives.

There has been an explosion of menopause-related guidance and treatments which can make the process feel even more daunting and confusing – physically and mentally. We're here to support and guide you through this transformative stage in a warm, approachable and positive way.

**Let's tackle those sore joints, hot flushes, brain fog, rising anxiety and weight gain or sleepless nights – together!**

By fostering a supportive community and delivering evidence-based solutions, we will give you the knowledge to navigate through your Menopause with confidence and grace; benefitting yourself, your family, business and work colleagues too.

That's an investment that keeps on giving – and we think you're worth it!

**MASTERCLASS AVAILABLE FOR JUST £20!**

\*eligible for refund if follow up support services taken up afterwards.

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[www.true2soul.co.uk](http://www.true2soul.co.uk)

# Inside out

GREAT IDEAS FOR A BRIGHTER AND MORE BEAUTIFUL YOU

## Super-light suncare

We love La Roche Posay facial skincare's formulations, £21, which are available from REMEDI HEALTH on Southgate Street. They're super light and work as a simple base for make-up and offer SPF 50 for maximum protection. They're also water and sweat resistant so ideal for summer holidays and outdoor pursuits.

01962 798580 [www.remedihealth.co](http://www.remedihealth.co)



## Body and soul support for menopause

Helen Stone is a Winchester-based holistic practitioner who offers menopause wellness coaching which includes a combination of therapies including mental wellbeing, meditation, Reiki and hypnosis.

Helen spent many years coaching and mentoring in the corporate sector and through extensive training is now able to offer multiple therapies in combination, empowering women with mind and body support in a way that is unique to every individual.



07496 187658 [www.true2soul.co.uk](http://www.true2soul.co.uk)

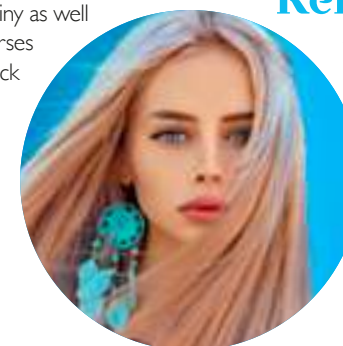


## Holiday-ready hair

Get your hair holiday-ready with a conditioning treatment from Haringtons on The Square. The salon offers Kerastase Fusio which makes it super-shiny as well L'Oreal Premiere which reverses damage and recovers hair back to its healthiest state. Olaplex is a strengthening treatment for nourishing split ends and dry hair while Metal Detox is deeply moisturising, leaving your locks silky-smooth.

01962 850850

[www.haringtons.com](http://www.haringtons.com)



## Refill, reuse, replenish

Great to see L'Occitane on High Street offering refills on their best-sellers in recycled plastic containers. They include one of our favourites – Shea Lavender Hand and Body Liquid Soap – which is £22 for the 500ml refill – a saving of £3 on the regular bottle price. Bring any brand empty plastic or aluminium beauty product container into the shop and get 10 per cent off too.

01962 851678 [www.uk.loccitane.com](http://www.uk.loccitane.com)



## Exciting changes to your local care homes

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 Relax with luxurious bath time experiences in our new spa bathroom.

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**Shawford Springs, Winchester, SO21 2RT • 01962 383 113**

To find out more about our homes visit: **barchester.com**

# Join in

GET ACTIVE WHATEVER YOUR AGE THIS SUMMER



## Paralympic Personal Bests 2024

Paralympic Personal Bests brings children and adults with a wide range of physical and learning disabilities together to take part in sporting activities and compete against their own ability to achieve their 'personal best'. It's grown from 33 participants in 2012 to over 200 from the Winchester district and surrounding areas.

The one-day event takes place at Winchester Sport and Leisure Park and in the University of Winchester's Sports Stadium on 5 September. To sign up contact Winchester GoLD.

**01962 600281 [www.winchestergold.org.uk](http://www.winchestergold.org.uk)**

## Living with Parkinson's and love to dance?

Join Winchester dance teacher Penny Bryett for a Friday class at Badger Farm Community Centre and up your fitness, have fun and meet other people in a friendly, supportive environment. Penny's interest in dance for people with Parkinson's was sparked after hearing about The Mark Morris Dance Group in New York who work in the Parkinson's community. Sessions cost £7.

**01962 863061 [www.thebryettschoolofdance.co.uk](http://www.thebryettschoolofdance.co.uk)**

## Alpaca fun with Shawford Springs

Shawford Springs residents enjoyed a trip out to feed alpacas and goats at Petlake Alpacas in The New Forest as part of the care home's activity programme.

The Barchester home on Otterbourne Road in Compton offers residents a weekly scheme of activities which include a gardening club, Knit and Natter, keep fit and cinema club. Weekly trips take residents out, with travel for wheelchairs available on the home's minibus.

Activities co-ordinator Jo says: "Keeping our residents busy with daily activities helps support their mental wellbeing and gives them something to focus on each day. Many residents do more in our home than they have done for years."

**01962 383 113 [www.barchester.com](http://www.barchester.com)**



## Walk for wellbeing

Join a Winchester Wellbeing Walk – a great way to get some fresh air and meet other people. A free weekly Wednesday walk led by volunteers from Community First starts from central Winchester and covers between two and three miles, usually over an hour.

**07737 688523 [healthywalks@cfirst.or.uk](mailto:healthywalks@cfirst.or.uk)**



## Do You Have An Elderly Relative Who Needs Care & Support?

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[www.access-care.co.uk](http://www.access-care.co.uk)  
hello@access-care.co.uk



"My father is flourishing in his own home with the support of experienced carers and I think this option has been a far better alternative to a care home."



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- Free Advice
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## LOOKING FOR FUN, EXERCISE AND TO MAKE NEW FRIENDS

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- Free coaching
- Free car park
- Warm welcome whether you are an experienced bowler or new to the sport

For more information visit our website at [riversideibc.com](http://riversideibc.com) or call the club secretary Alan Whittle on 01962 868023

## Sharing a story

Flowerdown Care Home on Harestock Road shared story books with children from Finkley Weeke Nursery and Pre-School as part of its activities programme.

General manager, Claudia Nunes said: "We all love it when children visit our home. If any nursery or primary school would like to enjoy an activity with our residents, we'd be delighted to host you."

01962 670630 [www.barchester.com](http://www.barchester.com)



## Need wheels?

Book a wheelchair or mobility scooter from Winchester Shopmobility, based at the upper parking level of The Brooks Shopping Centre. Rentals cost as little as £3.50 a day, saving you having to load and unload heavy chairs from home.

Need a set of wheels for a holiday? Wheelchairs and scooters can be rented for longer periods too. Disabled parking is available next to the Shopmobility office.

01962 852602  
[www.cfirfirst.org.uk](http://www.cfirfirst.org.uk)



## Indoor bowling for everyone

Did you know there's an indoor bowling club in Winchester? Riverside Indoor Bowling Club is just behind the old leisure centre and has six indoor rinks and offers free coaching sessions too. The club also has disabled access and a lift making it accessible to all – and a free car park..

01962 868023 [www.riversideibc.com](http://www.riversideibc.com)

## Recently bereaved?

Bereavement is a very personal experience. Those left behind can feel shocked, frightened, helpless, guilty, angry, depressed, lonely and lacking in confidence.

Physical effects can include nausea, restlessness and difficulty sleeping.

Winchester Bereavement Support is a voluntary organisation that offers free support through home visits or by telephone from carefully selected volunteers who have been trained by qualified counsellors for as few or as many visits are helpful.

07450 649679  
[winchesterbereavementsupport.org.uk](http://winchesterbereavementsupport.org.uk)







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## Keep young and beautiful

Winchester photographer, Kat Von Stoth's new book is a celebration of life over 70



**Peter and David**

"Be as you are. Nobody likes getting wrinkly, but it's part of life, isn't it?"



**Nick**

"Aging is one of those things you have to accept and I'm going to accept it."



**Dee**

"Life evolves. You can't decide what you're going to do."



**Lorraine**

"Don't assume anything about someone over 65. The thoughts in their heads are often the same thoughts that they had when they were in their twenties."

Winchester photographer Kat Von Stoth specialises in stunning boudoir photography, which makes women of all ages look beautiful, but for her Fashion Media degree at Solent University, it was the older generation that Kat wanted to focus on.

A resulting exhibition and a new book 'Reflections' explores what it is to enjoy life in later life, with the book featuring a series of inspirational interviews from local people alongside stunning, portrait photography.

07919 387021  
[@katvonstoth.media](https://www.katvonstoth.media)





# SQUEAKY

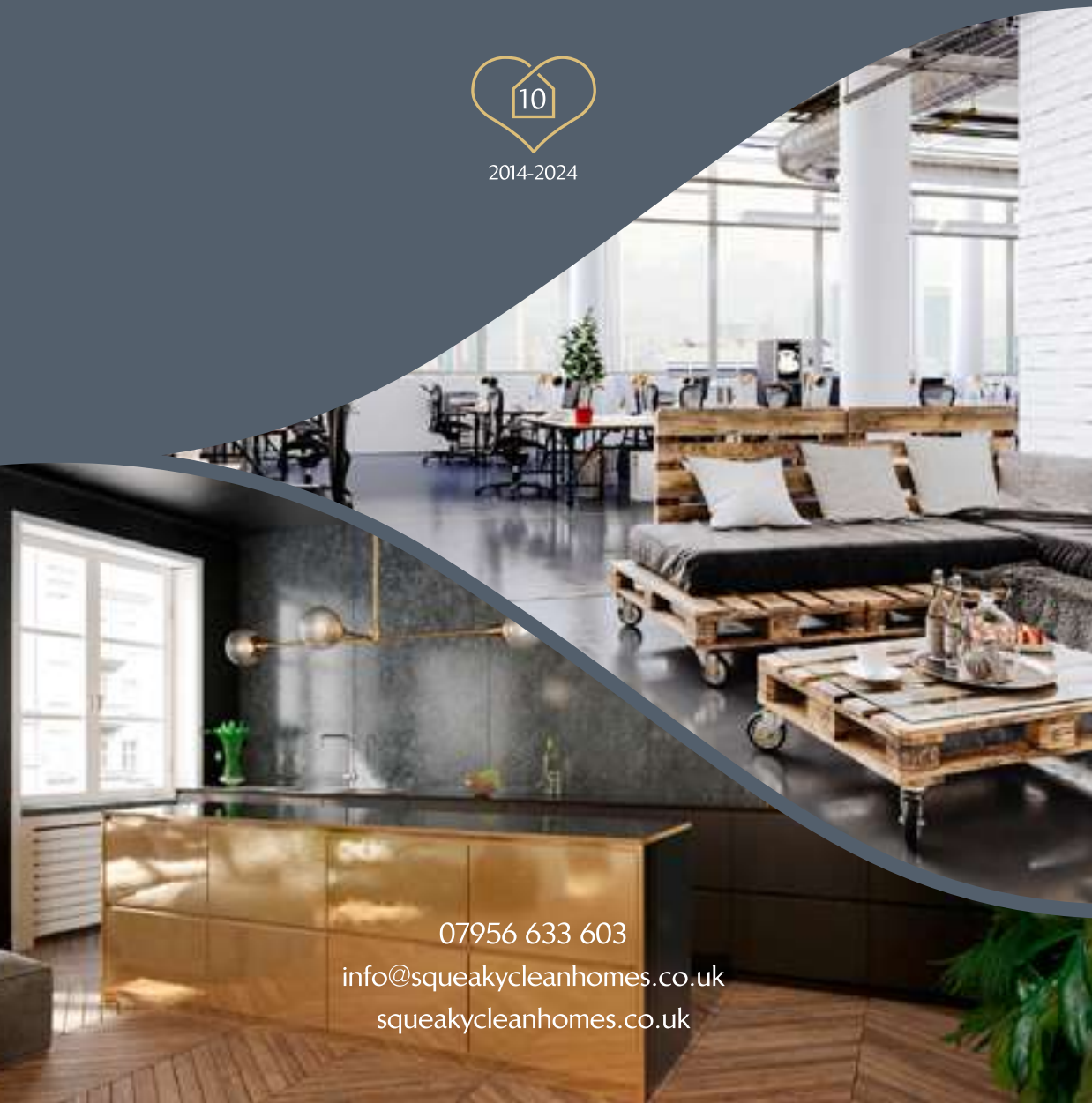
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# The queen of clean

Rebecca Hopkins from Squeaky Clean Homes celebrates ten years of top-notch service



"A clean and tidy home is really important to me," says Rebecca Hopkins, who is celebrating ten years of Squeaky Clean Homes, her Winchester domestic and commercial cleaning company which is renowned for its high standards and client care.

"Everyone feels better when their home or workspace is clean," she says. "We all benefit when everything around us is just as it should be."

After 18 years as a nurse and a senior matron in the NHS, Rebecca completed a Master's degree in management and leadership. "I wanted to use my skills in a new way to start a business which would offer me more flexibility around my growing family," she says. "Over the years, I've created a team of really good people who are as passionate as I am about doing a good job."

Squeaky Clean Homes now looks after private homes, commercial businesses and holiday lets, with its cleaners paid competitively, trained well and checked-in with regularly. All cleaners use eco-friendly or plant-based products.

Clients are carefully matched to cleaning teams. "Feeling at ease with someone who is in your private space or work environment is important," says Rebecca.

"Reliability is crucial for a good relationship. We aim to send the same cleaning staff to the same job every time, so there's consistency and they really know the property in which they're working. We follow an itinerary that is prepared in consultation with the client so everyone knows what is expected and what can be delivered."

Having a company behind a cleaner means that any issues can be resolved straight away. "I check in with our clients regularly so we can discuss anything that might not be working," says Rebecca.

"I take personal responsibility for our standards.

"A good cleaner will look at each room as a whole not just skirt around the surface," she says. "We offer a trial clean so clients can see what we can achieve for them in the time they are paying us for."

The company's growth, she says, has come mainly from word of mouth. "We're professional, very customer-focused, work hard and are most importantly reliable, which everyone appreciates.

"People are increasingly recognising the value of having a professional in to clean for them. Many of our domestic clients don't have the time to clean themselves. Letting someone else do the jobs that you don't enjoy means you can do more of those you do.

"For our commercial companies and holiday lets, having a professional cleaning service is vital to their success. By doing a great job, we can directly contribute to their customer reviews and ensure repeat business."

**07956 633603** [www.squeakycleanhomes.co.uk](http://www.squeakycleanhomes.co.uk)







# Happy Feet!

There's no better feeling than new flooring.

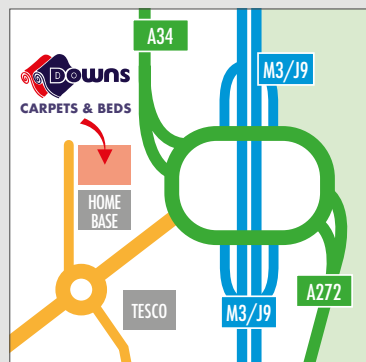


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# Blooming lovely

Visit specialists for gorgeous blooms and gardening advice



*Freshly picked*

Stem & Green's flower farm and floral studio was set up in 2021 and is just outside Winchester. It offers freshly picked flowers and foliage as well as workshops and classes. Flowers can also be delivered locally.

[www.stemandgreen.co.uk](http://www.stemandgreen.co.uk)



*Top tips from a pro*

Visit Lainston House near Sparsholt where you can find out about how it grows its plants and flowers from head gardener Stef. Almost entirely self-taught, Stef has introduced many new crops to the five-star hotel's kitchen garden.

[www.exclusive.co.uk/lainston-house/experiences](http://www.exclusive.co.uk/lainston-house/experiences)



*On the High Street*

For beautiful blooms year-round, you can't beat The Original Flower Stall on High Street. David buys flowers daily and his stock is always high-quality. He will also deliver plants and flowers via his website.

[www.theoriginalflowerstall.co.uk](http://www.theoriginalflowerstall.co.uk)



*From a walled garden*

West Lea Farm Shop stocks agapanthus every year which come from a walled garden just under a mile away. Their blooms are so popular that they're often picked, bunched and sold on the same day.

[www.westleafarmshop.co.uk](http://www.westleafarmshop.co.uk)





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# Me and my home

Ann and Mike Ritchie-Cox open the door to their  
five-bedroom house in Kings Barton

### We chose Kings Barton because...

It has excellent links to the motorway, without being  
within earshot of it. Winchester city centre and the  
train station plus Henry Beaufort, The Westgate School  
and Peter Symonds College are all walkable from the  
house and there's Waitrose and a GP practice nearby.

### There's a fantastic community spirit here...

Lockdown brought everyone together and we have a  
WhatsApp group of neighbours in our road. Everyone  
helps each other out – whether they need a last-minute  
lift to the station or to borrow a bicycle pump.

### We bought our home off plan...

There wasn't a show home for our house when we  
chose it as ours was one of only a small number of  
five-bedroom homes on the estate. Compared to  
elsewhere in Winchester at the same price point the  
house offered much more space – and everything  
was new when we moved in in 2021.

### The best thing about our house is...

The flexible space is its big selling point. We have  
what could be a granny suite downstairs, plus a gym  
and we use one of the five double bedrooms upstairs  
as an office. A separate office sits on a galleried landing.  
Our daughters enjoy hanging out in the snug come  
cinema room and our large kitchen/dining room has  
its own sitting area so it's a place where lots of people  
can be together socially.

### It's only a little thing but...

Having our utility room upstairs has meant that  
everything comes from our bedrooms and back again  
easily without having to go via the ground floor first.  
The extra-large, double garage is also a huge plus.



### The house is really energy efficient...

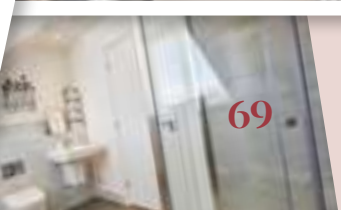
We currently generate about ten per cent of our energy  
from just a couple of solar panels and have had a survey  
to fit more, so we could be completely self-sufficient.  
Because the house is so well insulated our heating bills  
are now lower than anywhere else we've lived.

### Our next job would be...

The garden. It's a great space laid to lawn but would  
look amazing if it was landscaped.

**Ann and Mike's house is on the market  
with Nony Kerr-Smiley**

**07712 648740 [www.nonykerr-smiley.com](http://www.nonykerr-smiley.com)**





# Home front

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## On the shelf

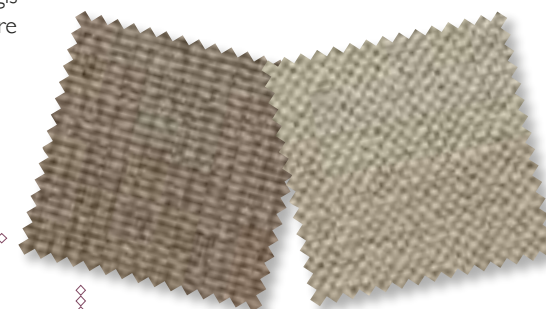
We do like fancy packaging. And Waitrose's sardine tins are so pretty that we've got ours up on a shelf! Snap up a tin for just £1.50.

## Seascapes on canvas

Winchester artist Emma Lowres was born in Bognor Regis and paints stunning seascapes, often inspired by Hampshire coastlines.

Got a favourite seaside view? Emma will also paint commissioned art too. You can see her prints, cards and original paintings on her website.

[www.emmalowres-art.co.uk](http://www.emmalowres-art.co.uk)



## Take three

Oliver Bonas on High Street is best known for its clothes, but it also has a great selection of homewares. We love these chunky Palmer plant pots, £25, which are crackle glazed with gold foiled bases.

01962 868197 [www.oliverbonas.com](http://www.oliverbonas.com)



## Understated neutrals

For a great range of carpets, you can't beat Downs Carpets in Winnall. Not only does the team have real expertise, but the company also offers a fitting service and will take away old carpet too. We love its 100 per cent pure wool Sisal weave carpets, which come in a range of neutral shades.

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# Out and about

People, parties, launches and lunches



## Winchester Business Excellence Awards

City businesses celebrated success at the Winchester Business Excellence Awards at Winchester College. The competition, organised by Winchester BID, The Hampshire Chronicle and Hampshire Chamber of Commerce celebrates the best and brightest businesses in the Winchester district. A huge congratulations to Donna Laine Fine Jewellery which was named Business Of The Year.







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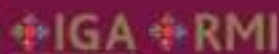


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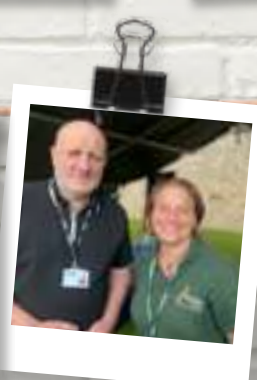
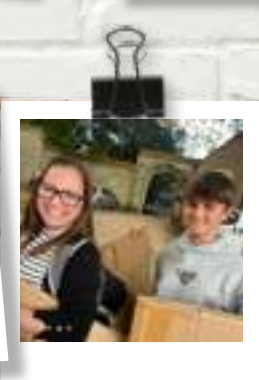
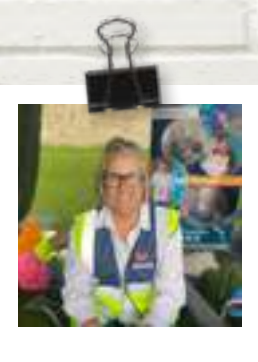
# Out and about

People, parties, launches and lunches



## Camping out for a good cause

People of all ages slept out under the stars in cardboard boxes  
in the grounds of Winchester College as part of Trinity  
Winchester's Big Sleep Out fundraiser.





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# Out and about

People, parties, launches and lunches



## Winchester GoLD garden fair

Learning disabilities charity Winchester GoLD held a fundraising garden fair at Upper Farm in Headbourne Worthy.





# EXTRA CARE HOUSING IN WINCHESTER

Extra Care facilities are for people over 55 who meet the criteria assessed by Hampshire County Council Adult Social Care. Residents can benefit from self-contained apartments as well as on-site 24/7 care should they need it. Applicants must live in the Winchester City Council district or have family living here, need help with personal care and be in housing that is no longer suitable for their needs.

For more information contact  
[shelteredhousing@winchester.gov.uk](mailto:shelteredhousing@winchester.gov.uk) | Tel: 01962 855 335

## Out and about

People, parties, launches and lunches



### Prince's Mead celebrates 75th anniversary

Prince's Mead School celebrated its 75th anniversary with a garden party which was attended by three former heads as guests of honour.







# Explore Hampshire by bus

Discover **Marwell Zoo** on Route 69 every Sunday with entry to the zoo for just £11 when you go by bus.

# Out and about

People, parties, launches and lunches



## Mayor-making at Guildhall

Councillor Russell Gordon-Smith became the city's 825th Mayor of Winchester at a special mayor-making ceremony at Guildhall.



Photos courtesy of Winchester City Council



# Out and about

People, parties, launches and lunches



## Celebrating the Maven Awards

Maven hosted a glamorous awards evening at Theatre Royal Winchester celebrating the achievements of Winchester's female entrepreneurs and women in business. Maven offers boutique-style co-working for women in the centre of the city.



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## Just a few of the houses we have sold so far in 2024

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*"Nony and Sam play many leagues ahead of your average high street estate agent. Their stature and wealth of experience within the industry gives them a penetrating knowledge of the Winchester housing market, and they know exactly how to push the right buttons in the right places to make your sale a success from beginning to end."*

*"Nony is by far and away the best estate agent we have ever worked with, and we have moved house plenty of times. Not only does she know the local market and the process of house-selling inside out, the personal approach and hard work she brought to our sale was at a different level to anything we have seen before."*



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